



# ISS2025

# Lisbon, Portugal

Dear Colleagues and Friends,

On behalf of the International Skeletal Society (ISS), it is our great pleasure to welcome you to the **51st Annual Conference**, taking place **September 14–19, 2025**, at the elegant **EPIC Sana Lisboa Hotel**, nestled in the charming **Amoreiras** neighborhood of **Lisbon, Portugal**.

Lisbon, often called the *City of Seven Hills*, is one of the oldest capitals in the world and has been Portugal's heart since the 13th century. With nearly 300 days of sunshine each year, this radiant city seamlessly blends ancient history with contemporary charm—from Roman ruins and Moorish castles to world-class cuisine and cutting-edge design. Whether you're wandering its cobbled streets or soaking in the Atlantic breeze, Lisbon invites you to slow down and savor every moment.

### For the History Enthusiasts

Step into Lisbon's storied past at the roofless **Convento do Carmo**, a hauntingly beautiful reminder of the 1755 earthquake. Ride the Santa Justa Elevator for sweeping city views, and get lost in the winding alleys of Alfama, lined with tiled houses and echoes of centuries past. Be sure to visit **Jerónimos Monastery** and the **Belém Tower**, both UNESCO World Heritage sites, and admire the **Padrão dos Descobrimentos**, a striking tribute to **Portugal's Age of Exploration**.

### For the Culturally Curious

Art and culture thrive in Lisbon. Wander the sleek halls of the **MAAT** (Museum of Art, Architecture and Technology), or relax in the serene gardens of the **Centro de Arte Moderna Gulbenkian**. At the **National Tile Museum**, discover how azulejos have become a symbol of Portuguese identity. To experience the soul of Lisbon, listen to the melancholic melodies of Fado—Portugal's UNESCO-listed folk music—at **Club Lisboa Amigos do Fado** or the authentic **Tasca do Jaime**.

### For Shopping Aficionados

From luxury fashion to local treasures, Lisbon is a shopper's delight. Browse **Avenida da Liberdade** for high-end names like **Gucci**, **YSL**, and **Louis Vuitton**, or explore **Amoreiras Shopping Center** and **El Corte Inglés** for both global brands and Portuguese staples. Don't miss **Rua Garrett** in Chiado, home to **Vista Alegre** ceramics, local tile shops, and stylish boutiques.

### For Culinary Explorers

Lisbon's food scene is as varied as it is vibrant. Sip a **ginjinha** with locals, sample legendary bacalhau dishes, or indulge in Michelin-starred dining.

Highlights include:

- **Belcanto** by José Avillez (2 Michelin stars, ranked #31 in the World's 50 Best Restaurants)
- **Alma**, **Kabuki**, **Feitoria**, and more for exquisite fine dining
- **Solar dos Presuntos**, a timeless favorite for hearty Minho region cuisine
- **SUD**, **Monte Mar**, and **Vela Latina** for scenic riverside meals
- **Jncquoi Avenida** and **Jncquoi Asia** for international flair and unforgettable ambiance
- **Go Juu** or **Kabuki** for sushi lovers
- And for the health-conscious: **AMUN**, **Rice Me**, and **Honest Greens** offer delicious gluten-free and plant-forward menus across the city.

### For Those Who Love to Wander

Stroll from **São Jorge Castle** through **Santa Luzia**, **Portas do Sol**, and up to **Graça** for postcard-worthy views. Ride the iconic **Tram 28** from **Jardim das Amoreiras** through **Príncipe Real**, **Chiado**, and **Bairro Alto**, ending at the vibrant **Praça do Comércio**. Looking for a day trip? Head to **Cascais** for coastal charm or explore the fairytale palaces and lush gardens of **Sintra**.

### For Outdoor Adventurers

Enjoy the fresh air and sunshine with outdoor adventures around every corner. Hike to the cliffs of **Cabo da Roca**, sunbathe at **Costa da Caparica**, or golf at premier courses like **Oitavos Dunes** and **The One Golf Lisbon**.

Want to explore more? Rent a bike, take a **Hop-On Hop-Off bus**, sail the **Tagus River**, or discover the city's hidden gems by **Tuk Tuk** with a knowledgeable local guide.

Warmly,

Michael Tuite, MD

P. Diana Afonso, MD

Vasco Mascarenhas, MD, MBA, PhD

President

Local Host

Local Host